KFITNESS
KICKBOXING | MMA | POWER CIRCUIT

VANCOUVER CLUB CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Open Training *Personal Training Starting 12 pm	*Open Training *Personal Training Starting 12 pm	*Open Training *Personal Training Starting 12 pm	*Open Training *Personal Training Starting 12 pm	*Open Training *Personal Training Starting 12 pm	*Open Training *Personal Training Starting 8:30 am
*Open Training *Personal Training	*Open Training *Personal Training	*Open Training *Personal Training	*Open Training *Personal Training	*Open Training *Personal Training	*Open Training *Personal Training Ends at 10:30 am
After School Program 3:30-4:30	After School Program 3:30-4:30	After School Program 3:30-4:30	After School Program 3:30-4:30	After School Program 3:30-4:30	Family Training 10:30-11:30
Kids All Levels 4:30-5:15	Kids All Levels 4:30-5:15	Kids All Levels 4:30-5:15	Kids All Levels 4:30-5:15	Kids All Levels 4:30-5:15	Kids All Levels 11:30-12:15
Youth Beginners 5:15-6:15	Youth Beginners 5:15-6:15	Youth Beginners 5:15-6:15	Youth Beginners 5:15-6:15	Youth Beginners 5:15-6:15	Closed 12:30pm
Adult Beginners Intermediate 6:15-7:15	Adult Beginners Intermediate 6:15-7:15	Adult Beginners Intermediate 6:15-7:15	Adult Beginners Intermediate 6:15-7:15	Adult Beginners Intermediate 6:15-7:15	
Adult Intermediate Advanced 7:15-8:15	Adult Intermediate Advanced 7:15-8:15	Adult Intermediate Advanced 7:15-8:15	Adult Intermediate Advanced 7:15-8:15	Adult Intermediate Advanced 7:15-8:15	
Closed 8pm	Closed 8pm	Closed 8pm	Closed 8pm	Closed 8pm	

OPERATINGHOURS

Monday to Friday 12pm to 8pm

SAT. 8:30am to 12:30am

2674 West Broadway, Vancouver B.C., V6K 2G3

Tel: (604)298-5425, (604)767-5425 (Text)

Email: kfitness@kickboxing.net Visit our website: www.kickboxing.net www.kfitness.com